



Population Dynamics, Problems and Prospects of High Altitude Area: Ladakh

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KEY WORDS Tribals. Himalayas. Ecology. Human Settlements. Health.

ABSTRACT People inhabiting high altitude areas have to face environmental hazards like low atmospheric pressure, severe cold, strong winds and solar radiation. In such areas, man-environment relationship is influenced by genetic make-up, eco-sensitivity and socio-cultural factors. High altitude physical environmental stresses are believed to exist deleterious effects on human beings resulting in later maturity; low fecundity, fertility; high mortality; high morbidity; retardation of pre-and post-natal growth and development, alteration in physiology which may question the validity of population proliferation. In the present study attempt has been made to explore problems and prospects of a high altitude area-Ladakh division in the state of Jammu and Kashmir, India.

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Anthropologist Special Issue No. 1: 43-72 (2002)

Anthropology: Trends and Applications
M.K. Bhasin and S.L. Malik, Guest Editors