

**Analysis of the Relationship Between the Social-emotional
Adaptation and Self Perception of 5-6 Year Old Children
and the Problem Solving Abilities of Their Mothers and Teachers**

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ABSTRACT The purpose of this study is to analyze the relationship between children's social adaptation and self-perception levels and the problem solving ability levels of mothers and teachers. This is a surveillance type of study. Sample group consists of 220 children, 220 mothers, and 22 teachers, a total of 462 people. In this study, Heppner's Problem Solving Inventory was used to determine problem solving ability levels of teachers and mothers, the Marmara Social Emotional Adaptation Scale was used to determine social adaptation levels of children, and the Demoulin Self Perception Scale for Children was used to determine the self-perception levels of children. This study found that the problem solving ability of both mothers and teachers has positive impact on children's social adaptation levels. It was also determined that social skills of children are affected by the social skills of adults, whom they take as models.