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Sexual Behaviours and Attitudes towards Safer Sex of Psychology Students at a South African University Campus

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ABSTRACT This study sought to investigate the following research questions: (i) What are the sexual behaviours of Second Year Psychology students towards safer sex? (ii) What knowledge is held by students towards safer sex? (iii) What is the attitude of students towards safer sex?, and (iv) Which preventive measures do students use to protect themselves from sexual infections and diseases? A sample of 27 participants (9 male, 18 female) was used in this study. Data were collected using a questionnaire and interviews. Data were analysed using percentages, tables, pie-charts and graphs. The study found that the majority of (67 percent of male and 33 percent female) participants have had more than 2 sexual partners in their lives; and 68 percent of male participants had engaged in risky sexual behaviours under the influence of drugs or alcohol. Despite the availability of condoms, some university students have not changed their sexual behaviours and attitudes towards safer sex.