

## HIV/AIDS and Use of Condom: The Role of Counsellors

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**ABSTRACT** This paper examines the use of condom in this period of HIV/AIDS. HIV/AIDS is a disease transmitted through two main channels; sexual intercourse and blood transfusion. More than 90% of the Nigerian population accept the fact that AIDS is real, deadly and incurable. They do also believe that there are preventive measures to AIDS including the use of condom. Despite the acceptance and awareness of HIV/AIDS, people still engage in multiple sexual partners, casual sex and unprotected sex. This paper advocates the use of condom in every sexual encounter, and outlines that professional counselors can use in promoting the use of condom such as encouraging men and women to use condoms and organizing talks, seminars and symposium on the use of condoms.