

Study Habits and Academic Performance among Late Adolescents

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ABSTRACT The present study is aimed to find any significant relations between study habits and academic achievements amongst college students. For this purpose, a sample of 113 adolescents between 17 to 22 years was selected from the College of Home Science, CSKHPKV, Palampur, Himachal Pradesh. They were administered with the Study Habit Inventory Marks obtained in previously passed out classes which were taken as an indicator of their academic achievement. Analyses of the results suggested significant relations between academic achievement and study habits. High achieving adolescents were found to perform better in comprehension, task orientation and recording. The factors affecting the study habits were age, family income and education which were significantly related. For the rest of the variables, no significant relations were observed among the groups under consideration.