

**Evaluation of the Level of Awareness of Parents During and
After Pregnancy in Selected Slum Area of District
Varanasi and Ghazipur**

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ABSTRACT Maximum numbers of deaths take place in India during the birth of a child, therefore, affecting the vital life period in human life cycle. The aim of the present study was to explore awareness of parents during and after pregnancy in selected slum areas of district Varanasi and Ghazipur in terms of diet, safety measures, cooking methods, immunization status, and dietary intake during lactation, alternatives used by mothers in place of mother's milk. Overall more than half of the participants lacked awareness; they still believe in old unscientific tales. Illiteracy appears to be an important factor responsible for this. However, after educating them about the above practices, a significant increase in awareness was noticed.