

## **Family Relationships and Coming to Terms with End-of-life Issues among Pensioners in Cross River State, Nigeria**

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**ABSTRACT** This study sought to determine the impact of family relationships on the ability to come to terms with end-of-life issues among pensioners in Cross River State, Nigeria. A three sub-scale instrument was used – Background Data Scale (BADs), Perceived Level of Success of Children Scale (PLSCS) and Attitude to Death Scale (ATDS). The ex post facto design was adopted and 430 pensioners were sampled. In line with the two hypotheses, the data was analyzed and attitude to death had a significant relationship with family ties and perceived level of children's success. It is recommended that parents form strong bonds with their families early in life and that older adults use this time to cement relationships, mend fences, and contribute as much energy and time as possible, thus firmly securing their footprints in the sand of time.