

The Trade and Use of Some Medical and Aromatic Herbs in Turkey

Sefa Akbulut^{1*} and Mahmut M. Bayramoglu²

¹*Faculty of Forestry, Department of Forest Botany, ²Faculty of Forestry, Department of
Forest Economics, Karadeniz Technical University, 61080 Trabzon, Turkey*

**Phone: +90 462 377 2841, *Fax: +90 462 325 7499, *E-mail: sakbulut@ktu.edu.tr*

KEYWORDS Ethnomedicinal Plants. Ethnobotany. Plant Trade. Herbalist. Turkey

ABSTRACT This study examines the trade and use of medical and aromatic herbs within 24 different provinces of Turkey. Face-to-face interviews were conducted with 214 herbalists and 933 customers, which were then used to develop demographic profiles. The most commonly sold herbs were *Mentha pulegium*, *Tilia tomentosa*, *Zingiber officinale*, *Salvia* spp. and *Ceratonia siliqua*. The dataset included 2297 records on purchase quantities and usage, which showed that the main uses were foodspice, and digestive, respiratory system, dermatological, and neurological disorders. The most commonly used parts of the herbs are leaves, flowers and fruits. The preferred means of administration are infusion, powder and decoction.