

## **Traditional Medicinal Plants Used by the Kensiu Tribe of Lubuk Ulu Legong, Kedah, Malaysia**

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**ABSTRACT** This study is based on information obtained through interviews with respondents, observations, collection and identification of medicinal plants in Kampung Orang Asli Lubuk Ulu Legong Baling, Kedah. A total of 39 species from 35 families of medicinal plants used for treating various ailments were recorded. 10.2% of the species were used to treat more than one ailment. The common mode of administration was oral (69.2%) followed by external use (30.8%). The common part of plant used is the root followed by leaves, stem, fruit, whole plant and tuber. Decoction (69.2%) is a common method of preparing herbal medicine followed by pounded (15.4%), mashed (7.7%), burned (2.6%), shredded and incantation (3%). 59% of the species were obtained from the wild, 28.2% were planted and 12.8% species of the species were both wild and planted.