

Indigenous Health Care Practices among Rajbanshi of Dakshin Dinajpur, West Bengal

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ABSTRACT People living in rural areas often face obstacles in accessing basic health care services due to remoteness and backwardness of the areas in which they live. Understanding the health care needs of these people in these difficult circumstances with special focus on utilization of indigenous medical substances is significant for devising comprehensive programs. The present paper highlights to record the preventive as well as curative health measures as are still being practiced by the Rajbanshi's of Dakshin Dinajpur, West Bengal. For such matter, they largely depend upon biotic surroundings in spite of availability of modern medical facilities, which testify their intimate knowledge and close relationship with the natural environment in what they live in.