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## Medicinal Plants Used By the Jah Hut Orang Asli at Kampung Pos Penderas, Pahang, Malaysia

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**ABSTRACT** A survey through observation, participation and conversation was carried out at a Jah Hut Orang Asli village Kampung Pos Penderas to document medicinal plants used by the villagers. A total of 53 species of medicinal plants was recorded. These plants were used for treating various ailments encountered by the villagers ranging from minor ailments and complaints such as itch and flatulence to more serious conditions such as hypertension, stones in the urinary system and poisoning. Several species merit further studies such as *Ancistrocladus extensus* for treating liver problems, *Ardisia sanguinolenta* for halting internal bleeding, *Connarus grandis*, *Licuala spinosa* and *Lindera pipericarpa* as antidotes to poisoning, *Goniothalamus macrophyllus* for anti-aging purpose, *Vernonia arborea* for treating tumours.