

## **Empowering Youth in Remand Home Against Risk Taking Behaviors for Effective Transition to Independence**

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**ABSTRACT** This study adopted series of intensive and comprehensive training in behavior modification strategies to empower the youth in a remand home against risk taking behaviors for effective transition to independence. The pre-post experimental research design was used for the study. The subjects for the study were inmate youth in a remand home in Ibadan, Oyo State. The 56 sample sizes were within age range of 10 – 22 years selected through purposive sampling technique. The instrument for study was Transition to Independent Living Questionnaire (TILQ) developed by the researchers. Five point Likert scale was used to gather data. Simple frequency counts and percentages were used as statistics for data analysis. The outcome of the treatment program indicated a reduction in the risk behavior of youth in the remand home. Also, intervention program reduces the risk of delinquent behavior among youth who are already involved in risk behaviors. A comprehensive community prevention strategy was therefore recommended to address the early and late onset behaviors and ferret out their causes and risk factors.