

## **The Influence of Emotional Intelligence and Self-Regulation Strategies on Remediation of Aggressive Behaviours in Adolescent with Visual Impairment**

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**ABSTRACT** This study investigated the influence of two interactions – emotional Intelligence Tracing (EIT) and Self-Regulation training (SRT) in remediating aggressive behaviour in adolescence with visual impairment. Forty-eight visual impaired (ranging from total blind to partially sighted) participated in the study. The interaction effects revealed that participants treated with the two interactions EIT and SRT showed significant improvement in their aggressive behaviour pattern than their counterparts in the control group. These findings were discussed and implications for counselling psychologists, special educators, educational administrators, parents, policy makers, and the government were stressed.