

Happiness among the Youth in Tehran, Iran, A Sociological Perspective

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ABSTRACT The paper explores the quality of happiness among the youth as aspirers of joy in different dimensions. Because of increasing social networks, the youth are increasingly pursuing perpetual happiness. Happiness by itself too, motivates the youth to move better towards the goals of happiness. The present research has examined the youth of age groups 15-29 through different variables. The present research has been conducted in Tehran City, in which 489 respondents were randomly selected in different parts and neighbourhoods of the city to be approached. The paper also explores the forces responsible for not-ever-lasting happiness among the youth. The research is mainly based on the hypothesis that, "Social and economic conditions such as income, employment, general quality of life and successful marriage create happiness within the youth". The method of research used in the research is a combination of theoretical frameworks and empirical realities. The paper concludes that in the present changing and globalizing world, societies must arrange the necessary policies for the happiness and leisure of the youth in order to prevent the likely controversies.