PRINT: ISSN 0971-8923 ONLINE: ISSN 2456-6756 JOURNAL OF SOCIAL SCIENCES Interdisciplinary Reflection of Contemporary Society

© Kamla-Raj 2011 PRINT: ISSN 0971-8923 ONLINE: ISSN 2456-6756 J Soc Sci, 28(2): 137-143 (2011) DOI: 10.31901/24566756.2011/28.02.08

Youth's Perception towards Sexual and Reproductive Health Services at Family Welfare Association Centres in Botswana

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KEYWORDS Youth. Perception. Sexual and Reproductive Health Services. Botswana

ABSTRACT The objectives of the study were to determine the youth's perception regarding sexual and reproductive health services offered at family welfare association centres, and to determine the friendliness of health providers towards youth seeking sexual reproductive health services. This was a cross-sectional study in which 110 conveniently selected participants completed a self-administered questionnaire. The mean age of the participants was 22.08 (SD = 3.48) years. Overall, the participants had a positive perception about sexual reproductive health services. One- third (33%) of participants perceived the referral system as not being youth-friendly and/or not being adequate. Judgemental attitude and friendliness of the health providers were rated lowest (mean scores of 0.96 and 0.95 respectively). The referral system was perceived as a barrier, as 33% rated it as being unfriendly. Youth perceived sexual and reproductive health services positively and had positive expectations of health providers. There are some weaknesses that need to be strengthened, particularly respect for youth and the referral system.