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J Soc Sci, 21(2): 123-127 (2009)

Adolescent Perceptions and Extent of Abusive Parenting in Single Parent and Intact Families

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KEYWORDS Abusive Parenting. Single Parent Families. Intact Families. Adolescents

ABSTRACT Present study was undertaken to document the adolescent perceptions and extent of abusive parenting in single parent and intact families. The sample, consisting of 200 adolescents both boys and girls (100 each from single parent and intact families) in the age group of 13-16 years was selected from co-educational Senior Secondary Schools of Ludhiana city. Data were collected by using a personal information sheet and a self structured interview schedule relating to abusive parenting. Adolescents from intact families perceived their parents as more abusive on various dimensions such as nature of parents, school regularity, discouragement, criticizing attitude and ignoring behaviour of parents; boys experienced more punishment than girls. The most common method used for physical punishment was slapping (80.67%) followed by other methods such as twisting of ear (47%), spanking (24%), kicking (18%) and beating (26%) etc. Guidelines to parents for appropriate parenting/ disciplinary techniques were suggested.