

A Study of the Sexual Behaviour of University Undergraduate Students in Southwestern Nigeria

Bonke Adepeju Omoteso

Department of Educational Foundations and Counselling, Faculty of Education, Obafemi Awolowo University, Ile Ife, Osun State, Nigeria
E-mail: baomoteso@yahoo.co.uk

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ABSTRACT This study examined the sexual behaviour of the university undergraduate students in Southwestern Nigeria. It investigated the influence of demographic variables such as age, gender, religion and family background on the student sexual behaviour. The study is a survey. The population comprised the undergraduate students of three purposively selected universities in Southwestern Nigeria. From this a sample of 2106 students was selected by stratified random sampling technique. Sexual Behaviour Inventory (SBI) was used to elicit information from the students. Data were analysed using percentages, ANOVA and t-test. The results of the data analysis indicated that 54% of the students had steady boy/girl friends, 63% had had sexual intercourse, 43% had sexual intercourse with their lovers while 20% had sexual intercourse with «just somebody». Ninety per cent often engaged in hand holding, 39.5% in kissing, 58% in hugging and 52.5% in carressing. Student gender and family background had significant influences on the student sexual behaviour ($t = -3.46$, $p < .05$) and ($F = 2.44$, $p < .05$) but student age and student religion had no significant influence on student sexual behaviour, ($F = .939$, $p > .05$) and ($F = 1.88 > .05$).