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PRINT: ISSN 0971-8923 ONLINE: 2456-6756

J. Soc. Sci., 10(2): 111-118 (2005)

DOI: 10.31901/24566756.2005/10.02.05

## Adolescent Sexuality and Family Life Education in South Western Nigeria: Responses From Focus Group Discussion

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**KEYWORDS** Sexuality; attitude; behaviour of adolescent; reproductive health activities; focus group

**ABSTRACT** This study reports the results of a primary qualitative investigation of teaching of family life education in schools as a panacea to the ever-lingering adolescents' sexuality problems. The study is based on interviews and focus-group discussions with parents, teachers, school guidance counselors and students who are stakeholders in education. The family life education and different sexuality behaviours of the adolescents were described. The question is whether these stakeholders will subscribe to teaching of family life education in schools as a solution to the increasing reproductive health problems including endemic HIV/AIDS disease. The survey confirms the extent of sexuality awareness of adolescents and the fact that reproductive health problems including HIV/AIDS is in every nook and cranny of the society; be it rural or urban. The qualitative investigation suggests that the samples are of the opinion that teaching of family life education in schools will be a vital solution to adolescents' sexuality problems.

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