

The Complexities of Food (in)Security in Amathole Municipality, South Africa

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ABSTRACT The aim of this study was to examine the complexities surrounding food insecurity of the rural-household dwellers in the Goshen community, Amathole Municipality in South Africa. Quantitative method of data collection was utilized in the study. The data was collected using household survey questionnaires. The findings show that they are numerous factors that affect food security of the inhabitants in this rural area. Amongst them being the lack of resources which remain as one of the factors that are affecting food security at household level. The results painted a bleak picture whereby, most of the Goshen inhabitants are severely food insecure. The study, therefore, recommends that the government should encourage people to come up with innovative ideas that can transact in the marketplace and for the Goshen residents to initiate agricultural-related enterprises through the provision of a package that would motivate households to participate in agricultural activities.