

## **Impact of a Workplace-based HIV and AIDS Risk Reduction Training Intervention**

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**ABSTRACT** The aim of the study was to investigate the impact of a workplace-based HIV and AIDS training programme on employees. The study compared the health scores of employees who went through a workplace-based HIV and AIDS training programme and those who did not. The sample was made up of 68 employees drawn from two companies in Johannesburg. The study assessed employees' levels of HIV and AIDS risk with particular reference to attitude to condom use, sexual risk cognition, HIV and AIDS risk-taking behaviour, stigma and disclosure. Data collected from the questionnaires administered were analysed using t tests run on statistical analysis software (SAS). The results showed a significant difference in HIV and AIDS risk between the two groups. The training intervention reduced HIV and AIDS risk among employees. Directions for future research could focus on the relationship between organisational involvement and HIV and AIDS risk reduction among employees.