

## **Ecology and Health**

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**ABSTRACT** In this paper an attempt is made to give an overview of the key elements and issues in the context of ecology and health that are increasingly causing concern. The vast population with multi-racial origin, diverse cultural, dietary and living habits, marriage laws and tradition, and the extreme variations in environment presents complexities in the study of diseases and faces a great challenge in seeking to improve their health status especially child population. The maintenance of ill-health across generations results from a complex interplay of social, economic, cultural and biological factors. This cycle can, in theory, be broken at any point. The complexity of the relationship provides many points at which the passage of ill health from generation to generation can be interrupted. Similarly, protection of the health of infants and young children also protects the health of the next generation of adult health.