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## At the Cross Roads: Families in Distress

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**ABSTRACT** The present paper is based on the review of studies conducted in Jammu and Kashmir (India) on the effect of militancy and consequent migration on the displaced Kashmiri Pandit families. The available data indicates that displacement has led to marked changes in their life style, family structure and relationships. Many of these families are dependent on government relief for their survival. Due to lack of privacy in one room tenement, the fertility rate is facing downward trend. They are suffering through financial setback. These displaced families are frustrated because of their inability to cope up with the demands of each family member and as a result there is an increase in the incidence of family disruption. The worst hit section of community is students. They do not have adequate facilities available to them for education and recreation. Kashmiri Pandit children visualize themselves as segregated part of this society, having feeling of uprootedness and alienation deep in their heart. This future generation of Kashmiri Pandits is moving through a perilous path of cultural homogenisation, thereby losing their identity. On the basis of review of these changes, intervention strategies and suggestions are provided for the researchers and policy makers.

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