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## Demographic Study of Gujjars of Delhi: IV. KAP of Family Planning

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**KEYWORDS** Family Planning. KAP. Contraceptive Methods. Social Development.

**ABSTRACT** The family planning programmes have been in operation in India for more than five decades. Family Planning refers to the practices that help individuals or couples to avoid unwanted births, bring about wanted births, regulate the intervals between pregnancies; control the time at which births occurs in relation to the age of parents and determines the number of children in the family. To assess the family planning programme, KAP of family planning among various populations is evaluated from time to time by various agencies. Keeping this in mind the present study was conducted among Gujjars of Delhi. The data for the present study was collected by interviewing ever-married Gujjar women aged 15-49 years from a sample of 558 households. Among Gujjars the knowledge of family planning methods is widespread. Also, majority of women have favourable attitude towards family planning. However, there is a gap between the knowledge and the practice of contraception among Gujjars. Female sterilization is far the most popular contraceptive method.

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[Home](#)

[Back](#)

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