

## **Utility of Bran Products in Non Insulin Dependant Diabetes Mellitus (NIDDM) Patients**

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**ABSTRACT** Bran is the waste material in the preparation of extruded products from millets. To develop a cheapest product for diabetic patients and to assess its impact on them was the major objective. Hence, bran products i.e. wheat, jowar and mixed bran were prepared and evaluated in terms of its effect on the blood glucose response among 40 to 50 years old non obese, non insulin dependent diabetes mellitus (NIDDM) patients. As compared to the different bran products, mixed bran papadi had found significant impact on reducing the blood glucose level among all the grades of diabetic patient.

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