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The Impact of Developmental Programmes on the Nutrition Awareness of Farm Women

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ABSTRACT Agricultural development programmes are initiated to bring about improvement in the nutritional status of the rural population. WYTEP- women youth training extension project introduced since 1982 onwards aims to promote the welfare of farm women through training in agriculture. However, the curriculum does not have nutrition component. Hence, on experimental basis, a total of 100 farm women from 3 Taluks in Bangalore Dist., Karnataka were given nutrition education along with agricultural training and the nutritional knowledge was measured before and after over a period of 6 months. The training included both general and specific aspects of food and nutrition. The scores were found to be highly significant after the training as compared to initial scores. Education or age did not appear to influence the scores. The scores continued to be significant ever after a period of six months. Hence, it is stressed that all the training programmes should have nutrition component which can influence the nutrition of the house hold positively,

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