Nutritional and Organoleptic Evaluation of Colocasia Leaf Rolls Supplemented with Different Protein Sources

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ABSTRACT Colocasia esculenta is a popular vegetable among arum family. The leaves of this plant are traditionally consumed in Himachal Pradesh in the form of leaf rolls (patroras). Traditionally, the leaf rolls are prepared with cereal flours such as maize and rice. As these cereals are poor in quality and quantity protein, an attempt was made to supplement the colocasia leaf rolls with different protein sources such as Soybean, Black gram and Bengal gram to improve the product nutritionally. Results suggested that rolls prepared with legumes were nutritionally and organoleptically superior to the rolls prepared with cereals.

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