

The Effect of NLP Education on the Teaching Profession in Turkey

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ABSTRACT The purpose of this study is to determine whether or not the use of Neuro-linguistic Programming or NLP techniques affect a teacher's professional achievements and motivations in Turkey. Today's education system has a tendency toward a student-centered education instead of a teacher-centered education. Teachers' responsibilities increase day by day. In particular, different methods and techniques are required because of changing student profiles in the information age. In recent years, NLP has tried to discover and reveal the inner resources of the individual, and is able to benefit from these resources at the highest level. This study has been carried out via a survey of 68 teachers who were trained by an academy in Ankara that provides NLP education. After the NLP education, a paired sample t-test was applied to analyze the data regarding the effect of NLP on the teachers' professional achievements and motivations, and the relationship with school, student and parents.