

Model of Work-related Well-being for Educators in Kwazulu Natal*

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ABSTRACT The main purpose of this paper was to identify the key factors causing stress for educators and the managerial challenges which educators face. A theoretical model on education in South Africa, specifically relating to the causes of stress in educators, is developed and empirically tested. The theoretical study examined the concept of work stress, and then applied it to the educational environment. A questionnaire was used to gather information and techniques such as variance explained, exploratory factor analysis and alfa cronbach coefficient were used to interpret and analyse the data. The fourteen factors founded were described and a model for causes of stress and managerial challenges were developed. Further research on the applicability of this model should be done for other provinces in SA. From the findings of this research it would make sense to test this model for future policy making for education. The model as developed from the findings offers a comprehensive look on causes of stress and managerial challenges.