

**Mothers Management of their Child's After-school Activities
and the Well-being of Children****Shobha Nandwana*, Priyanka Pareek* and Bhupendra Upadhyay******Department of Human Development and Family Studies, College of Home Science, MPUAT,
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ABSTRACT The present investigation was an exploratory attempt to examine daily activity profile and the well-being of children of employed and non-employed mothers. A representative sample of 180 mothers (90 employed mothers and 90 non-employed mothers, having eldest child of 6-9 years) belonging to nuclear families of Udaipur, Rajasthan were selected. Data were collected using self-structured Interview schedule (Child's after-school activity schedule). The results of the study revealed that the employed mothers' children's major part of after school time was devoted to skill classes, academics and watching TV and least time was given to interaction with persons, parents and play. In comparison to this, non-employed mothers' children's, major portion of after school time is devoted to TV watching, academics, skill classes and playing videogames. In both the cases, less time is given to play during after school hours. In employed mothers children, more than 80% mothers reported that their children are facing well-being problems "always" whereas in case of non-employed mothers', approximately 55% reported "sometimes, regarding well-being problems. Thus, it is evident that children are having no time during after school hours for play and available free time is devoted to sedentary activities like TV watching and playing videogames instead of playing freely. The results of the study revealed that highly significant difference was found between employed and non-employed mothers' children in their after school hours as well as well-being of children